

OPIOIDS & SUBSTANCE USE DISORDER RESOURCES



The goal of the Drug Overdose Prevention Program at Southeastern Idaho Public Health is advancing opioid prevention work through public and prescriber education, local capacity building, public safety partnerships, and the social determinants of health. We have the opportunity to share with you the resources we have to help further your work regarding substance use disorder.

In 2020, there were 287 deaths related to any drug overdose in Idaho. Out of those, 164 were related to an opioid overdose. There were 4,548 emergency department visits related to any drug overdose and 1,209,805 prescriptions for opioids just in Idaho. Substance use disorder (SUD) is a serious problem in the United States, however, less than 1 in 10 people with a SUD receive treatment. Medication-Assisted Treatment or MAT is currently the best form of treatment because it uses medication along with behavioral therapies to help those with a SUD manage their addiction to live a normal life.

In this packet, you will find opioid prescribing data and Bannock county resources, including where to get free naloxone.

The information in this packet was updated January 2022. For an updated list please visit https://www.siphidaho.org/comhealth/overdose-prevention.php

Table of Contents

03

Opioid Prescribing Data

04

Caribou County Resources

07

FREE Naloxone

09

Idaho's Response to the Opioid Crisis

Opioid Prescribing Data

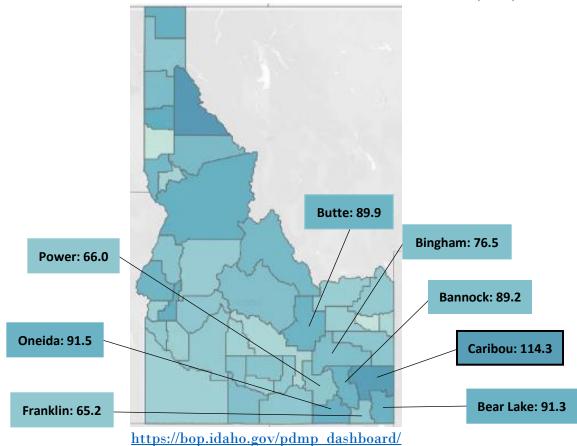
"Opioids include full opioid agonist, partial opioid agonists, and combination opioid agonist/antagonist pharmacological classes. This includes buprenorphine/naloxone combinations as well as codeine anti-tussive by prescriptions."

IDAHO DATA (2020)

| 164 | 287 | 4,548 | 846 | 1,209,805 |
|------------|------------|--------------------|----------------|-------------------|
| Deaths | Deaths | Emergency | Emergency | Prescriptions for |
| Related to | Related to | Department Visits | Department | Opioids |
| Any Opioid | Any Drug | Related to Any | Visits Related | _ |
| Overdose | Overdose | Drug Overdose | to Any Opioid | |
| | | (Excluding Deaths) | Overdose | |
| | | | | |

Get Healthy Idaho at https://www.gethealthy.dhw.idaho.gov/drug-overdose-dashboard

YEARLY OPIOID PRESCRIPTIONS PER 100 PEOPLE BY COUNTY (2020)



COMMUNITY RESOURCES

Unfortunately, Caribou has limited resources, so resources in neighboring counties have been included.

Crisis Centers

| Name | Address | Phone Number |
|---|-------------------------------|----------------|
| South East Idaho Behavioral Crisis Center | 1001 North 7th Ave, Pocatello | (208) 909-5177 |
| Bright Tomorrows Child Advocacy Center | 409 Washington Ave, Pocatello | (208) 234-2646 |

Recovery Centers

| Name | Address | Phone Number |
|--------------------|--|----------------|
| Hope & Recovery | 210 East Center St, Pocatello | (208) 417-1749 |
| Moonlight Mountain | 5230 West Moonlight Mine Rd, Pocatello | (208) 505-9990 |

Health Clinics that Provide Medication Assisted Treatment (MAT)

| Name | Address | Phone Number |
|-----------------------------|--|----------------|
| Lake View Medical Clinic | 300 3 rd W, Soda Springs | (208) 547-3118 |
| Health West Pocatello | 1000 North 8th Ave, Pocatello | (208) 232-6260 |
| Health West Chubbuck | 880 West Quinn Road, Pocatello | (208) 238-2000 |
| Health West Family Medicine | 465 Memorial Drive, Pocatello | (208) 282-4700 |
| Health West Lava | 85 S 5th W, Lava Hot Springs | (208) 776-5202 |
| Ideal Option | 301 S 4 th Ave Ste. D Pocatello | (509) 581-2908 |

^{*}Multiple MAT Providers are housed within these clinics

MAT Providers

| Name | Address | Phone Number |
|-----------------|------------------------------------|----------------|
| Nita Weber, D.O | 1497 Bailey Creek Rd, Soda Springs | (208) 547-0438 |

Drug Take Back Locations

| Name | Address | Phone Number |
|---------------------------------|---------------------------------------|----------------|
| Caribou County Sheriff's Office | 475 E 2 nd S, Soda Springs | (208) 547-2561 |

Substance Use Disorder (SUD) Treatment Facilities

| Name | Address | Phone Number |
|-------------------------------|---------------------------------|----------------|
| D6 Treatment-Satellite Office | Satellite Office | (208) 709-0033 |
| Compassionate Care | 184 South Main St, Soda Springs | (208) 269-1134 |

Pharmacies with Naloxone

| Name | Address | Phone Number |
|--------------------|--------------------------------------|----------------|
| Broulim's Pharmacy | 89 W 2 nd S, Soda Springs | (208) 547-3300 |
| London Drug | 6 S Main St, Grace | (208) 425-3799 |

Transitional/Sober Housing

| Name | Address | Phone Number |
|---|---------------------------------|----------------|
| Rising Sun Sober Living | East Lander St & North 7th Ave, | (208) 898-4668 |
| | Pocatello | |
| Cognitive Restructuring, LLC- Foundations | 707 North 7th Ave Suite D, | (208) 242-3044 |
| of Recovery Safe & Sober Housing | Pocatello | |
| New Life Choices | 610 North Arthur Ave, Pocatello | (208) 223-2286 |
| New Start Discipleship, LLC- Christian | 1235 N Arthur P.O Box 38, | (208) 406-9975 |
| Discipleship Program | Pocatello | |
| Spirit of Hope- NeighborWorks Pocatello | 206 N Arthur, Pocatello | (208) 232-9468 |

For a complete list of all the resources and services please visit the Drug Overdose Prevention Program Page at

 $\underline{https://www.siphidaho.org/comhealth/overdose-prevention.php}$

FREE NALOXONE

Who should carry it?

- Anyone who is prescribed opioids or is around someone prescribed opioids
- Anyone who uses illicit opioids or may be around someone who uses illicit opioids
- Anyone who may encounter someone overdosing

How to get it?

- Anyone can get naloxone
- For Individuals, contact the Idaho Harm Reduction Project at (208) 991-4574 https://www.idahoharmreductionproject.org/
- For high schools, universities, libraries, or YMCAs, free Narcan is available through the Narcan manufacturer, EBSI, community program. Please direct these organizations to this program first for free naloxone.

 https://www.narcan.com/community/education-awareness-and-training-resources
- For all organizations other than organizations listed above please visit the DHW website under "Naloxone Information" and "Free naloxone kits for Idaho organizations." https://healthandwelfare.idaho.gov/services-programs/behavioral-health/naloxone-information





Important Notes

- Naloxone is only effective on overdoses involving opioids
- Individuals overdosing should receive medical services immediately
- The effects of naloxone only last 30-60 minutes and in some cases with highly potent fentanyl only 20 minutes
- Naloxone should be stored at room temperature

Idaho's Response to the Opioid Crisis (IROC)

The cards shown below are wallet cards that can ordered for FREE through the Idaho Department of Health and Welfare. It is a great source to hand out to those you come in contact with that may have a substance or opioid use disorder. It provides numbers to call for help, including community resources, treatment, Naloxone, recovery support, and the suicide prevention hotline. If you are interested in ordering these please click here:

https://radarcart.boisestate.edu/library/shop/pdf-download-irocs-substance-use-resources-wallet-card/. You can also reach out to the Drug Overdose Prevention Program at Southeastern Idaho Public Health.



Call 2-1-1 or 800-926-2588 **Need Community** Text your zip code to 898211 Resources? IdahoCareline IDHW **Need Treatment?** Call 800-662-HELP (4357) FindTreatment.gov **Need Narcan?** Call 208-991-4574 Idaho Harm Reduction Project naloxone@dhw.idaho.gov Call or text 208-398-4357 Idaho Suicide Prevention Hotline Need to Talk? **Need Recovery** Call 208-712-2173 Idaho Association of Recovery Support? **Community Centers**



If you have any questions regarding this packet or the Drug Overdose Prevention Program please reach out to the program coordinator Tessa Donaldson, Health Education Specialist Sr. <u>tdonaldson@siph.idaho.gov</u> or at (208) 239-5252

https://www.siphidaho.org/comhealth/overdose-prevention.php