

OPIOIDS & SUBSTANCE USE DISORDER RESOURCES



The goal of the Drug Overdose Prevention Program at Southeastern Idaho Public Health is advancing opioid prevention work through public and prescriber education, local capacity building, public safety partnerships, and the social determinants of health. We have the opportunity to share with you the resources we have to help further your work regarding substance use disorder.

In 2020, there were 287 deaths related to any drug overdose in Idaho. Out of those, 164 were related to an opioid overdose. There were 4,548 emergency department visits related to any drug overdose and 1,209,805 prescriptions for opioids just in Idaho. Substance use disorder (SUD) is a serious problem in the United States, however, less than 1 in 10 people with a SUD receive treatment. Medication-Assisted Treatment or MAT is currently the best form of treatment because it uses medication along with behavioral therapies to help those with a SUD manage their addiction to live a normal life.

In this packet, you will find opioid prescribing data and Bannock county resources, including where to get free naloxone.

The information in this packet was updated January 2022. For an updated list please visit https://www.siphidaho.org/comhealth/overdose-prevention.php

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Opioid Prescribing Data

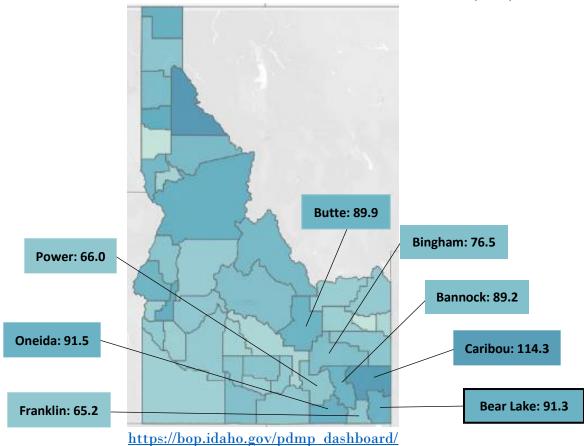
"Opioids include full opioid agonist, partial opioid agonists, and combination opioid agonist/antagonist pharmacological classes. This includes buprenorphine/naloxone combinations as well as codeine anti-tussive by prescriptions."

IDAHO DATA (2020)

164	287	4,548	846	1,209,805
Deaths	Deaths	Emergency	Emergency	Prescriptions for
Related to	Related to	Department Visits	Department	Opioids
Any Opioid	Any Drug	Related to Any	Visits Related	_
Overdose	Overdose	Drug Overdose	to Any Opioid	
		(Excluding Deaths)	Overdose	

Get Healthy Idaho at https://www.gethealthy.dhw.idaho.gov/drug-overdose-dashboard

YEARLY OPIOID PRESCRIPTIONS PER 100 PEOPLE BY COUNTY (2020)



COMMUNITY RESOURCES

Unfortunately, Bear Lake has limited resources, so resources in neighboring counties have been included.

Crisis Centers

Name	Address	Phone Number
South East Idaho Behavioral Crisis Center	1001 North 7th Ave, Pocatello	(208) 909-5177
Bright Tomorrows Child Advocacy Center	409 Washington Ave, Pocatello	(208) 234-2646
Victims Assistance Program	72 Navajo Dr, Fort Hall	(208) 478-3992
Oneida Crisis Center	1312 2100 W, Malad City	(208) 766-4412

Recovery Centers

Name	Address	Phone Number
Hope & Recovery	210 East Center St, Pocatello	(208) 417-1749
Moonlight Mountain	5230 West Moonlight Mine Rd, Pocatello	(208) 505-9990

Health Clinics that Provide Medication Assisted Treatment (MAT)

Name	Address	Phone Number
Bear Lake Community Health Center	152 South 4th St. Montpelier	(208) 847-2108
Health West Pocatello	1000 North 8th Ave, Pocatello	(208) 232-6260
Health West Chubbuck	880 West Quinn Road, Pocatello	(208) 238-2000
Health West Family Medicine	465 Memorial Drive, Pocatello	(208) 282-4700
Health West Lava	85 S 5th W, Lava Hot Springs	(208) 776-5202
Ideal Option	301 S 4 th Ave Ste. D Pocatello	(509) 581-2908

^{*}Multiple MAT Providers are housed within these clinics

MAT Providers

Name	Address	Phone Number
Trevor Jacobson	166 South 5th St, Montpelier	(208) 847-1110

Drug Take Back Locations

Name	Address	Phone Number
Bear Lake County Sheriff's Office	50 N 5 th Ave, Paris	(208) 945-2121
Montpelier Police Department	534 Washington St, Montpelier	(208) 847-1324

Substance Use Disorder (SUD) Treatment Facilities

Name	Address	Phone Number
D6 Treatment- Satellite Office	N/A – Satellite Office	(208) 709-0033
Compassionate Care	5 East Oneida St, Preston	(208) 766-2389
Compassionate Care	184 South Main St, Soda Springs	(208) 269-1134

Pharmacies with Naloxone

Name	Address	Phone Number
Broulims Health Pharmacy	130 S 4th St, Montpelier	(208) 847-0806
Bear Lake Drug	836 Washington St, Montpelier	(208) 847-1421

Transitional/Sober Housing

Name	${f Address}$	Phone Number
Rising Sun Sober Living	East Lander St & North 7th Ave,	(208) 898-4668
	Pocatello	
Cognitive Restructuring, LLC- Foundations	707 North 7th Ave Suite D,	(208) 242-3044
of Recovery Safe & Sober Housing	Pocatello	
New Life Choices	610 North Arthur Ave, Pocatello	(208) 223-2286
New Start Discipleship, LLC- Christian	1235 N Arthur P.O Box 38,	(208) 406-9975
Discipleship Program	Pocatello	
Spirit of Hope- NeighborWorks Pocatello	206 N Arthur, Pocatello	(208) 232-9468

For a complete list of all the resources and services please visit the Drug Overdose Prevention Program Page at

 $\underline{https://www.siphidaho.org/comhealth/overdose-prevention.php}$

FREE NALOXONE

Who should carry it?

- Anyone who is prescribed opioids or is around someone prescribed opioids
- Anyone who uses illicit opioids or may be around someone who uses illicit opioids
- Anyone who may encounter someone overdosing

How to get it?

- Anyone can get naloxone
- For Individuals, contact the Idaho Harm Reduction Project at (208) 991-4574 https://www.idahoharmreductionproject.org/
- For high schools, universities, libraries, or YMCAs, free Narcan is available through the Narcan manufacturer, EBSI, community program. Please direct these organizations to this program first for free naloxone.

 https://www.narcan.com/community/education-awareness-and-training-resources
- For all organizations other than organizations listed above please visit the DHW website under "Naloxone Information" and "Free naloxone kits for Idaho organizations." https://healthandwelfare.idaho.gov/services-programs/behavioral-health/naloxone-information



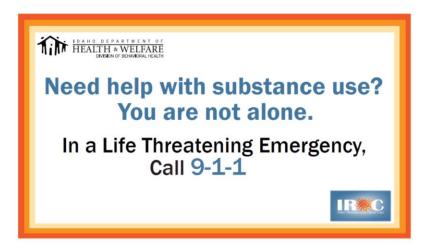


Important Notes

- Naloxone is only effective on overdoses involving opioids
- Individuals overdosing should receive medical services immediately
- The effects of naloxone only last 30-60 minutes and in some cases with highly potent fentanyl only 20 minutes
- Naloxone should be stored at room temperature

Idaho's Response to the Opioid Crisis (IROC)

The cards shown below are wallet cards that can ordered for FREE through the Idaho Department of Health and Welfare. It is a great source to hand out to those you come in contact with that may have a substance or opioid use disorder. It provides numbers to call for help, including community resources, treatment, Naloxone, recovery support, and the suicide prevention hotline. If you are interested in ordering these please click here: https://radarcart.boisestate.edu/library/shop/pdf-download-irocs-substance-use-resources-wallet-card/. You can also reach out to the Drug Overdose Prevention Program at Southeastern Idaho Public Health.



Need Community Call 2-1-1 or 800-926-2588 Text your zip code to 898211 Resources? IdahoCareline IDHW **Need Treatment?** Call 800-662-HELP (4357) FindTreatment.gov **Need Narcan?** Call 208-991-4574 Idaho Harm Reduction Project naloxone@dhw.idaho.gov Need to Talk? Call or text 208-398-4357 Idaho Suicide Prevention Hotline Call 208-712-2173 **Need Recovery** Idaho Association of Recovery Support? **Community Centers**



If you have any questions regarding this packet or the Drug Overdose Prevention Program please reach out to the program coordinator Tessa Donaldson, Health Education Specialist Sr. <u>tdonaldson@siph.idaho.gov</u> or at (208) 239-5252

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