



# Southeastern Idaho Public Health

For Immediate Release  
August 5, 2020

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## **Thirty New COVID-19 Cases Identified in Southeastern Idaho**

Southeastern Idaho Public Health has 30 new confirmed cases of COVID-19 (15 in Bannock County, 6 in Bear Lake County, and 9 in Bingham County) in southeast Idaho. This brings the total of confirmed and probable cases to 827. Out of the 827 cases, 656 have recovered from COVID-19.

For southeast Idaho specific information about the novel coronavirus, please visit <https://siphidaho.org/coronavirus.php>.

To help prevent the spread of this virus, it is more important than ever that the public follows the following prevention methods.

- Follow Governor Little's Statewide Stay-Healthy Idaho Order at [rebound.idaho.gov](http://rebound.idaho.gov).
- Wear cloth face coverings in public places.
- Practice social distancing (6ft).
- Stay home if you are sick.
- Avoid people who are sick.
- Wash your hands often with soap and water for at least 20 seconds. If soap and water are not available, use an alcohol-based hand sanitizer with at least 60% alcohol.
- Cover your nose and mouth with a tissue or your sleeve when you cough or sneeze.
- Avoid touching your eyes, nose, and mouth with unwashed hands.
- Cleaning and disinfecting surfaces and objects that may be contaminated with germs using a disinfecting solution.

If you believe you have been exposed, make sure to self-isolate. If you need medical attention, please call your healthcare provider in advance of a visit to discuss your symptoms and next steps. Testing is available by calling 208-234-5875.

SIPH has a call center to field questions from the community and is open Monday-Friday 9:00 a.m. to 4:30 p.m. You can reach the hotline at (208) 234-5875.

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For Idaho-specific information about the novel coronavirus, please visit <https://coronavirus.idaho.gov/>.

Join us Monday-Friday at 11 am for Facebook Live at <https://facebook.com/siphidaho>.

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