

“Love Yourself Healthy”



Tuesday, February 12, 2019

3:00 PM – 6:00 PM



Southeastern Idaho Public Health
1901 Alvin Ricken Drive - Pocatello

FREE Walk-In Event

Community Screenings & Services Include:

- ♥ A1c Testing (*if applicable*)
- ♥ Blood Glucose
- ♥ Cholesterol Testing (non-fasting)
- ♥ Medication Review
- ♥ Foot Checks & Wound Care
- ♥ Oral Cancer Screenings
- ♥ Nutritional Counseling & Healthy Eating Tips
- ♥ On-site Food Pantry
- ♥ Men’s Health Topics
- ♥ Stress Management
- ♥ Pre-Diabetes & Diabetes Resources
- ♥ Heart Health - Blood Pressure Checks
- ♥ Mammography Services
- ♥ Fitness Assessment & Exercise Education
- ♥ Vision and Hearing Screenings
- ♥ Mental Health Assessments
- ♥ Skin Cancer Assessments & Sun Safety
- ♥ Colorectal Cancer Support Services
- ♥ Additional Community Resources

For more information, please call Traci Lambson at 208-478-6316.