



Southeastern Idaho Public Health

For Immediate Release
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Cancer Prevention/Screening Event to Be Offered in Pocatello

POCATELLO, IDAHO – In Idaho, cancer is the second leading cause of death for both men and women. To prevent cancer and encourage screening, Southeastern Idaho Public Health is holding their first annual Cancer Prevention/Screening Event on April 17th from 2:00-5:00 pm at their facility on 1901 Alvin Ricken Drive.

The FREE event will include Portneuf Medical Center's Mobile Mammography unit; HPV Vaccines and education by Southeastern Idaho Public Health; information about colorectal cancer, skin cancer, breast, and cervical cancer; cancer prevention and resources; smoking cessation counseling and nicotine replacement therapy assistance. For more information about the event, contact Rhonda D'Amico at 208-239-5227 or visit www.siphidaho.org. To schedule a mammogram, contact Darlene Lester at 208-239-5290.

You can make healthy changes to lower your risk for cancer. To lower your risk:

- Don't use tobacco.
- Eat a healthy diet.
- Maintain a healthy weight and be physically active.
- Protect yourself from the sun.
- Get immunized.
- Avoid risky behaviors.
- Get regular medical care.

Make a difference in your community: Spread the word about strategies for preventing cancer and encourage people to live healthy lives.