

Community Health Assessment

Idaho - Health District 6

Top Health Issues Impacting Our Community

Heart Disease

- Heart disease was the leading cause of death in HD6, with a mortality rate of 170.6 per 100,000 residents in 2022.
- Butte County recorded the highest HD6 mortality rates for heart disease at 259.5 deaths per 100,000.

Cancer

- Malignant neoplasms (Cancer) was the 2nd leading cause of death in HD6 in 2022, with a rate of 152.7 deaths per 100,000.
- Oneida County recorded the second-highest cancer mortality rate in HD6 (211 per 100,000), following Butte County, with prostate cancer being a significant contributor.

Suicide

- Suicide is a critical public health issue in Idaho. In 2022, Idaho had the 12th highest suicide rate within the U.S.
- HD6 had the highest rate of suicide out of the Idaho health districts at 27.2 deaths per 100,000 in 2022.

Drug Overdoses

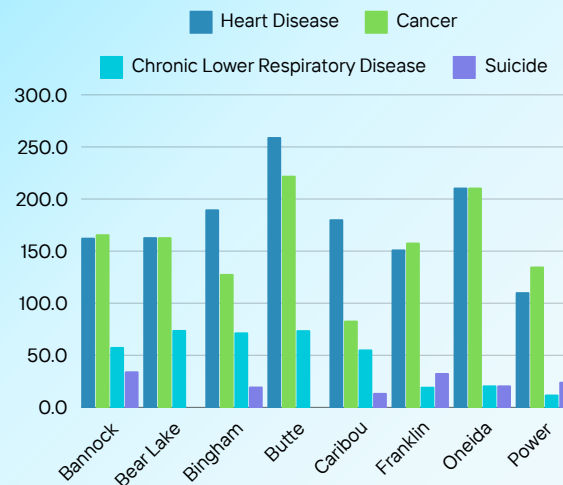
- In 2022, HD6 reported a drug-related mortality rate of 19 per 100,000 residents.
- HD6 had the highest rate of opioid emergency department (ED) visits for Idaho in 2023.
- Drug deaths have increased 18% from 16.3 to 19.2 per 100,000 in HD6 in 2023.

Chronic Lower Respiratory Disease

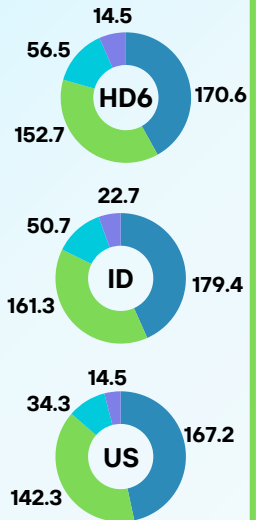
- Chronic lower respiratory disease is higher in HD6 with 56.5 vs 50.7 for Idaho in 2022.
- Bear Lake had the highest chronic lower respiratory disease death rate in HD6 (74.3 per 100,000).

Mortality Rates in Southeastern Idaho (IDHW, Vital Statistics, 2022)

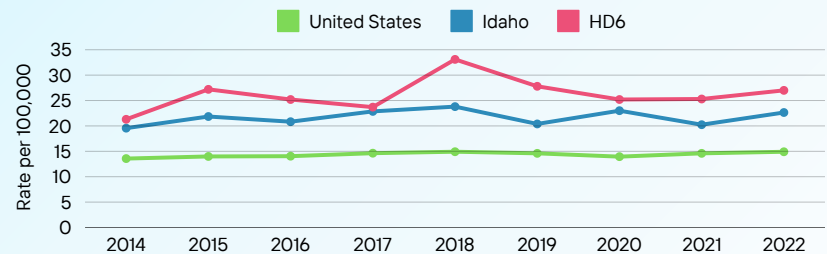
Leading causes of death



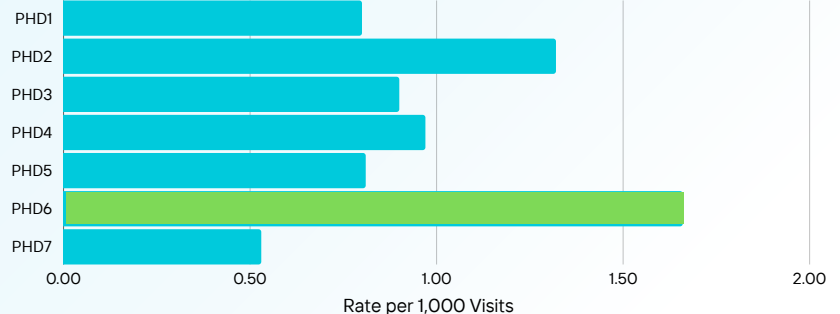
Comparable Values



Suicide Death Rates by Year



Opioid ED Visits by Rate by County of Residency (2023)



Idaho Health Report Card (2022)

Category	HD6	Idaho	Goal	Trend	Status
Heart Disease Deaths	170.6	180.4	130.8	Increasing	Unmet
Cancer Deaths	152.7	164.4	122.7	Unchanged	Unmet
Suicide Deaths	27.2	20.4	19	Increasing	Unmet
Drug Overdose Deaths	19	15.7	14.1	Increasing	Unmet

Rate per 100,000

Addressing Health Gaps: SIPH's Commitment to Community Well-Being

Suicide Prevention Program (2022-2023)

18 QPR Trainings
QPR Certifications **148**

*QPR= Question, Persuade, Refer

3 MHFA Trainings
MHFA Certifications **38**

*MHFA= Mental Health First Aid

Would you
recommend QPR
training to other
organizations?



97.8%

of QPR
attendees
surveyed said

YES



Gun locks were provided
to Southeast Idaho
Behavioral
Crisis Centers, schools,
gun show participants,
community
members, etc.

LOSS SURVIVOR SUPPORT

Number of funeral homes visited for loss survivor support	14
Number of families served through support group	11
Number of support folders distributed to funeral homes	70
Number of people who attended a bereavement support group	25

Drug Overdose Prevention Program (2022-2023)

OVERDOSE PREVENTION & RESPONSE TRAININGS

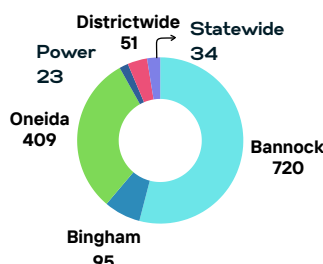
TOTAL NUMBER OF PEOPLE TRAINED

1,332 trained between July 2022 to December 2023

TOTAL NUMBER OF TRAININGS PROVIDED

49 trainings provided between July 2022 to December 2023

Training Participation Data



RESOURCES PROVIDED

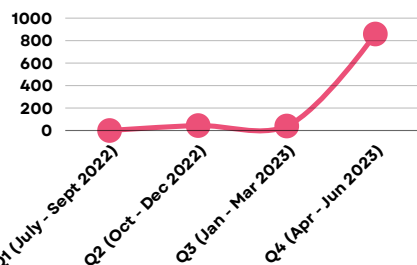
650 Prescription Drug Take Back Location Rack Card

650 Substance Use Resources QR Code Stickers/ Magnets

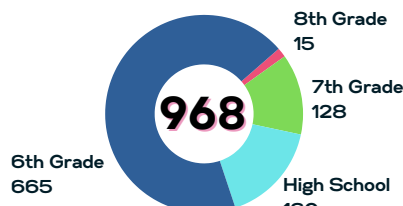
400 Idaho's Response to the Opioid Crisis Substance Use Resource Wallet Cards

Youth Vaping Prevention Program (2022-2023)

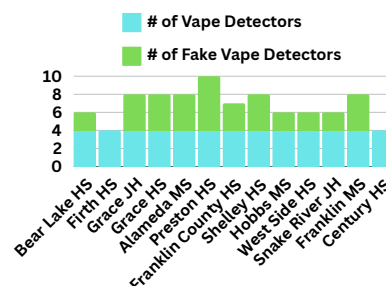
*CATCH My Breath Student Participation: Quarterly Growth Insights



CATCH My Breath Involvement by Grade Levels



School-Wide Vape Detector Allocation: Quantity per School



Schools successfully completing CATCH My Breath receive four free working vape detectors to help monitor vape use. Fake vape detectors that have the same appearance as functioning detectors are provided to schools based on need.

Areas of Improvement/Future Direction

- Promote Physical Activity:** Increase physical activity to reduce risks for heart disease, diabetes, cancer, and improve mental health.
- Increase Preventive Screenings:** Raise screening rates for key conditions like cancer and diabetes to reduce local health risks.
- Enhance Suicide Prevention:** Continue to expand strategies to reduce HD6's high suicide rate, the highest in Idaho.
- Reduce Opioid Overdose Deaths:** Focus on prevention to address HD6's above-average opioid overdose death rates.
- Strengthen Local Data Sources:** Partner with local health authorities to improve data quality, particularly in rural areas.
- Expand Health Metrics:** Integrate additional health metrics for a clearer understanding of community health.
- Public Health Dashboard:** Develop a multi-year dashboard to track health trends and improve community awareness.

*CATCH My Breath is a youth vaping prevention program teaching skills to resist peer pressure and e-cigarette use.