

# HEALTH LITERACY RESOURCES

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Evidence based guides to help every organization create a health literacy plan

## **TEAMSTEPS**

*Evidence based module on a establishing a team based approached to enhancing safety for patients with limited English proficiency*

<https://www.ahrq.gov/teamsteps/lep/index.html>

## **CDC**

<https://www.cdc.gov/healthliteracy/planact/index.html>

Slide show presentations; continuing education modules

## **IHI Discussion on Health Literacy**

<http://www.ihl.org/resources/Pages/AudioandVideo/WIHIHealthLiteracy.aspx>

## **Free CDC Course on Health Literacy offering credits**

<https://www.train.org/cdctrain/course/1057675/>

## **Think Cultural Health**

*Series of Webinars that discuss the importance of CLAS, and take a deeper dive into sexual orientation, gender identity, and religion. Other topics include Tribal Health, Oral Health, and Mental Health.*

<https://www.thinkculturalhealth.hhs.gov/>

## **Health Literacy slide presentations**

*Series of presentations on health literacy and focused topics: health outcomes, medication management, eyes of the patient, defining the problem, identifying low health literacy, literacy and adherence, health literacy and child health, practical approaches*

<http://nchealthliteracy.org/presentations.html>

## Medication Reconciliation

### **Health Literacy and medication reconciliation**

*Brown Bag Medication review description*

<https://health.gov/hcq/trainings/pathways/assets/pdfs/AHRQ-Tool8.pdf>

### **Medication safety and a Brownbag Toolkit**

<https://www.ohiohospitals.org/Patient-Safety-Quality/Ohio-Patient-Safety-Institute-OPSI/Professional-Resources/Medication-Safety.aspx>

## Teach back method

### **Teach back Toolkit**

*Provides learning modules, coaching tips, videos, reading, resources*

<http://www.teachbacktraining.org/>

### **10 elements of competence for using teach-back effectively**

<http://www.teachbacktraining.org/assets/files/PDFS/Teach%20Back%20-%202010%20Elements%20of%20Competence.pdf>

### **Health Literacy Learning Activity**

<http://qsen.org/health-literacy-learning-activity-3/>

## YouTube videos:

### **Health Literacy Video (approx. 1 minute)**

*Short cartoon blurb on health literacy for patients*

<https://www.youtube.com/watch?v=7pAuCqepSEs>

### **Cultural Competency Video (approx. 6 minutes)**

*Short cartoon blurb on cultural competency*

[https://www.youtube.com/watch?v=ZsX0ha\\_rlBg](https://www.youtube.com/watch?v=ZsX0ha_rlBg)

### **Ted Talk (approx. 13 minutes)**

*Health Literacy and the Costs, June 2016*

*Doctor who assessed health literacy “on the streets” and the “grapevine”.*

[https://www.youtube.com/watch?v=ZsX0ha\\_rlBg](https://www.youtube.com/watch?v=ZsX0ha_rlBg)

## Plain Language Thesaurus for Health Communication

[https://www.cdc.gov/other/pdf/everydaywordsforpublichealthcommunication\\_final\\_11-5-15.pdf](https://www.cdc.gov/other/pdf/everydaywordsforpublichealthcommunication_final_11-5-15.pdf)  
(2015)

<http://www.healthcommunications.org/resources/Plain%20Language%20Thesaurus%20for%20Health%20Communications.pdf> (2009)

[https://www.benaroyaresearch.org/sites/default/files/Plain\\_Language\\_Thesaurus\\_for\\_Health\\_Communications.pdf](https://www.benaroyaresearch.org/sites/default/files/Plain_Language_Thesaurus_for_Health_Communications.pdf) (2007)

### **Improving Patient Education Handouts Readability Toolkit**

*This toolkit explores 7 elements that affect the readability of printed patient education materials and the key role they play in developing handouts that are easy to read and easy to understand*

<https://www.healthcommmunications.org/resources/Plain%20Language%20Alternatives%20for%20Patient%20Information%20and%20Consent%20Materials.pdf>