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Region 6 Behavioral Health Board		
11.21.2017	11:30	Southeastern Idaho Public Health
Meeting called by	Region 6 Behavioral Health Board	
Facilitator	Mark Gunning	
Note taker	Laurie Brenchley	
Attendees	Dave Sorensen, Barry Jones, JoAnn Martinez, Chris Daniels, Shantal Lulu, Robb Redford, Lynda Shiflet, State Gearhart, Brad Baker, Chris Freeburne, Jim Price, Kimberly Thomas, Nicole Clinkscales, Mark Gunning, Laurie Brenchley	
Financial Report		
Discussion	In general terms, we have a lot of money to spend. We do have some grant requests that are coming. Barry Jones motioned to approve the expenses as they currently stand. Kimberly Thomas seconded the motion. Motion passed with unanimous approval.	
Hope and Recovery Resource Center Grant Proposal		
Discussion	<p>Chris Daniels, the Executive Director of the Hope and Recovery Resource Center, brought a grant proposal to the board. The Hope and Recovery Resource Center is one of eight recovery centers that have been funded by the Millennium fund throughout the state. The centers are overseen by the Idaho Association of Recovery Community Centers. The center in Pocatello is averaging around 700 “check ins” a month. It is a resource center that offers space for meetings and connections to other community resources. There are no clinical services on site. There is also a transportation program for people using the resources center to help with taking them to appointments and meetings. The state will no longer be funding any more recovery centers. The Hope and Recovery Resource Center is trying to support all the other counties in Region 6. Their goal is to set up satellite locations in each of the counties. They are looking for a couple of rooms in county courthouses or other city buildings with closed doors for people to be able to have meetings in. They need a place for a computer/phone set up for video conferencing.</p> <p>These areas will be staffed by volunteers, twice a week, four hours a day.</p> <p>The timeline for this is to have 5 doors open by April 2018. The overall budget is around \$10,000 to get things started. The Hope and Recovery Resource Center would like to plan on making this \$3,000 request annually. They are working on getting support from different counties in probation and parole. Robb Redford is currently using space in the county offices in Soda Springs, Montpelier, and Preston. They will be moving out soon. They can meet and try to coordinate transferring the space.</p> <p>Barry Jones moved to approve the grant request of \$3,000 for the Hope and Recovery Resource Center, for the purpose of setting up satellite locations in the outlying counties. Stace Gearhart seconded the motion. Motion passed unanimously.</p>	
Melanie Fowers Grant Proposal		
Discussion	<p>Melanie Fowers is the Behavioral Health Consultant for the National Guard. She has been struggling to make referrals for military service providers. Civilian providers are unfamiliar with how the military works and could provide a diagnosis that would result in discharge.</p> <p>EMDR is an evidence based treatment that has provided accelerated resolution therapy. There is not one provider in the state of Idaho that provides this. It has shown to be effective in less than 5 sessions. It is something that is needed throughout the state, not just for military personnel, but anyone suffering from PTSD. She is asking for the Regional Behavioral Health Boards around the state to help sponsor training for providers. They would like to hold the training from February 1-3. They would like to hold it in the armory in Idaho Falls. They are planning for around 36 participants.</p> <p>Robb Redford has spoken to people about this training and has heard wonderful things about it. He is planning on sending 3 of his staff to the training.</p> <p>Region 7 has committed \$9,200 for the training. Ms. Fowers will be presenting the actual grant proposal at the December 19 BHB meeting.</p>	

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Updates	
Discussion	<p>Children's Mental Health – Has revised its mission statement and goals. The Children's Mental Health Awareness Workshop will be on May 10<sup>th</sup> at Southeastern Idaho Public Health.</p> <p>Gina Wescott will be presenting at the December 19<sup>th</sup>. She will be updating the board on the WICHE program.</p> <p>Lynda – on behalf of NAMI, the group needs help staying afloat. It would be appreciated if providers would refer people to NAMI. They meet every Wednesday at 7 at the Life Inc. building. They will need the support of the mental health community to keep going.</p>