



Southeastern Idaho Public Health

Subject: **HIPAA Privacy Policies & Procedures**

Notice of Privacy Practices

Effective Date of this Revision: July 2025

THIS NOTICE DESCRIBES HOW MEDICAL INFORMATION ABOUT YOU MAY BE USED AND DISCLOSED AND HOW YOU CAN GET ACCESS TO THIS INFORMATION.

PLEASE REVIEW IT CAREFULLY.

In this notice we use the terms "we," "us," and "our" to describe Southeastern Idaho Public Health. For more details, please refer to section IV of this notice.

What is "Protected Health Information"?

Your protected health information (PHI) is individually identifiable health information, including demographic information, about your past, present or future physical or mental health or condition; health care services you receive; and past, present, or future payment for your health care. Demographic information means information such as your name, social security number, address, and date of birth.

PHI may be in oral, written, or electronic form. Examples of PHI include your medical record, claims record, enrollment or disenrollment information, and communications between you and your health care provider about your care.

Your individually identifiable health information ceases to be PHI 50 years after your death.

If you are a Southeastern Idaho Public Health client and also an employee of any State of Idaho agency, PHI does not include the health information in your employment records.

About Our Responsibility to Protect Your PHI

By law, we must:

1. protect the privacy of your PHI;
2. tell you about your rights and our legal duties with respect to your PHI;
3. notify you if there is a breach of your unsecured PHI; and
4. tell you about our privacy practices and follow our notice currently in effect.

We take these responsibilities seriously and have put in place administrative safeguards (such as security awareness training and policies and procedures), technical safeguards (such as encryption and passwords), and physical safeguards (such as locked areas and requiring badges) to protect your PHI and, as in the past, we will continue to take appropriate steps to safeguard the privacy of your PHI.

Your Rights Regarding Your PHI

This section tells you about your rights regarding your PHI and describes how you can exercise these rights.

Your right to access and amend copies of your PHI:

Subject to certain exceptions, you have the right to view or get a copy of your PHI that we maintain in records relating to your care or decisions about your care or payment for your care. Requests must be in writing. After we receive your written request, we will let you know when and how you can see or obtain a copy of your record. In certain circumstances, if you agree, we will give you a summary or explanation of your PHI instead of providing copies. We are permitted to charge you a fee for the copies, summary, or explanation.

If we do not have the record you asked for, but we know who does, we will tell you who to contact to request it. In limited situations, we may deny some or all of your request to see or receive copies of your records, but if we do, we will tell you why in writing and explain your right, if any, to have our denial reviewed.

If you believe there is a mistake in your PHI or that important information is missing, you may request that we correct or add to the record. Requests must be in writing, tell us what corrections or additions you are requesting, and why the corrections or additions should be made. We will respond in writing after receiving your request. If we approve your request, we will make the correction or addition to your PHI. If we deny your request, we will tell you why and explain your right to file a written statement of disagreement.

Submit all written requests for access or amendments to us at **Southeastern Idaho Public Health, Privacy Officer, 1901 Alvin Ricken Dr., Pocatello, Idaho 83201.**

Your right to choose how we send PHI to you or someone else:

You may ask us to send your PHI to you at a different address (for example, your work address) or by different means (for example, fax instead of regular mail).

If the cost of meeting your request involves more than a reasonable additional amount, we are permitted to charge you our costs that exceed that amount.

Your right to an accounting of disclosures of PHI:

You may ask us for a list of our disclosures of your PHI. Write to us at **Southeastern Idaho Public Health, Privacy Officer, 1901 Alvin Ricken Dr., Pocatello, Idaho 83201.** You are entitled to one disclosure accounting in any 12-month period at no charge. If you request any additional accountings less than 12 months later, we may charge a fee.

An accounting does not include certain disclosures, for example, disclosures:

- to carry out treatment, payment, and health care operations.
- for which Southeastern Idaho Public Health has a signed authorization.
- of your PHI to you.
- for notifications for public health purposes.
- to persons involved in your care and persons acting on your behalf; or
- not covered by the right to an accounting.

Your right to request limits on uses and disclosures of your PHI:

You may request that we limit our uses and disclosures of your PHI for treatment, payment, and health care operations purposes. We will review and consider your request. You may write to us at **Southeastern Idaho Public Health, Privacy Officer, 1901 Alvin Ricken Dr., Pocatello, Idaho 83201**, for consideration of your request.

We are not required to agree to your request, except to the extent that you request a restriction on disclosures to a health plan or insurer for payment or health care operations purposes and the items or services have been paid for out of pocket in full. However, we can still disclose the information to a health plan or insurer for the purpose of treating you. For requests to restrict your PHI for payment or health care operations purposes, please request the restriction prior to receiving services at the Southeastern Idaho Public Health office where you receive your care.

If the services are not paid for in full and out of pocket by you or by someone on your behalf, we do not have to agree to your request to restrict uses or disclosures of PHI for health care operations, payment or treatment purposes. We will consider all submitted requests and, if we deny your request, we will notify you in writing.

Your right to receive a paper copy of this notice:

You have a right to receive a paper copy of this notice upon request.

How We May Use and Disclose Your PHI

Your confidentiality is important to us. Our providers and employees are required to maintain the confidentiality of the PHI of our clients, and we have policies and procedures and other safeguards to help protect your PHI from improper use and disclosure. Sometimes, we are allowed by law to use and disclose certain PHI without your written permission. We briefly describe these uses and disclosures below and give you some examples.

How much PHI is used or disclosed without your written permission will vary depending, for example, on the intended purpose of the use or disclosure. Sometimes we may only need to use or disclose a limited amount of PHI, such as to send you an appointment reminder or to confirm that you are a health plan member. At other times, we may need to use or disclose more PHI such as when we are providing medical treatment.

- **Treatment:** This is the most important use and disclosure of your PHI. For example, our physicians, nurses, and other health care personnel, including trainees, involved in your care use and disclose your PHI to diagnose your condition and evaluate your health care needs. Our personnel will use and disclose your PHI in order to provide and coordinate the care and services you need: for example, prescriptions, X-rays, and lab work. If you need care from health care providers who are not part of Southeastern Idaho Public Health, we may disclose your PHI to them.
- **Payment:** Your PHI may be needed to determine our responsibility to pay for, or to permit us to bill and collect payment for, treatment and health-related services that you receive.
- **Business associates:** We may contract with business associates to perform certain functions or activities on our behalf, such as payment and health care operations. These business associates must agree to safeguard your PHI.
- **Appointment reminders and services:** We may contact you to provide appointment reminders or information about your treatment or other health-related benefits and services that may be of interest to you either through postal mail or electronically. You have the right to request, and we will accommodate reasonable requests by you, to receive communications regarding your personal health information from us by alternative means or at alternative locations. If you do not wish to receive appointment reminders, we will accommodate reasonable requests.

- **Research:** In limited circumstances, we may use and disclose your personal health information for research purposes. In all cases where your specific authorization is not obtained, your privacy will be protected by strict confidentiality requirements applied by an Institutional Review Board which oversees the research or by representations of the researchers that limit their use and disclosure of patient information.
- **Identity verification:** We may photograph you for identification purposes, storing the photo in your medical record. This is for your protection and safety, but you may opt out.
- **Health Information Exchange:** We may share your health information electronically with other organizations through a Health Information Exchange (HIE) network. These other organizations may include hospitals, laboratories, health care providers, public health departments, health plans, and other participants. Sharing information electronically is a faster way to get your health information to the health care providers treating you. HIE participants like SIPH are required to meet rules that protect the privacy and security of your health and personal information. You can choose not to have your information shared through any of our HIE networks (that is, “opt out”) at any time.
- **Specific types of PHI:** There are stricter requirements for use and disclosure of some types of PHI, for example, information about reproductive health, drug and alcohol abuse, AIDS and HIV, mental health, genetic testing, and artificial insemination. However, there are still circumstances in which these types of information may be used or disclosed without your authorization.
- **Communications with family and others when you are present:** Sometimes a family member or other person involved in your care will be present when we are discussing your PHI with you. If you object, please tell us and we won't discuss your PHI, or we will ask the person to leave.
- **Communications with family and others when you are not present:** There may be times when it is necessary to disclose your PHI to a family member or other person involved in your care because there is an emergency, you are not present, or you lack the decision-making capacity to agree or object. In those instances, we will use our professional judgment to determine if it's in your best interest to disclose your PHI. If so, we will limit the disclosure to the PHI that is directly relevant to the person's involvement with your health care. For example, we may allow someone to pick up a prescription for you.
- **Disclosure in case of disaster relief:** We may disclose your name, city of residence, age, gender, and general condition to a public or private disaster relief organization to assist disaster relief efforts, unless you object at the time.
- **Disclosures to parents of minors:** In most cases, we are required by Idaho law to disclose your minor child's health information to you as their parent or legal guardian. In limited circumstances where minors are legally allowed to consent to specific services, we may restrict access in accordance with state and federal law. Please ask our staff if you have questions about how these rules apply to your situation.
- **Uses and Disclosures Involving Reproductive Health Information:**
We comply with all applicable federal and Idaho state laws when using or disclosing your protected health information. In some cases, we may be required to disclose information related to reproductive health care to law enforcement or government authorities when presented with a valid legal request or court order. We do not disclose this information voluntarily unless legally obligated to do so.
- **Lawful Disclosures:** Any PHI that is disclosed lawfully under the HIPAA Privacy Rule may be subject to further disclosures and may no longer be protected under HIPAA. This means that once your information is shared, it may not be covered by HIPAA's protections, and we want you to be aware of these limits.

- **Substance Use Disorder (SUD) Records:** Your protected health information (PHI) related to substance use disorder treatment is protected under federal law (42 CFR Part 2) and may also be subject to HIPAA. We will not use or disclose your SUD treatment information without your written consent, except in limited circumstances permitted by law — including medical emergencies, audits, certain research, or by court order.

If you authorize disclosure, your information remains protected under federal law. Any individual or entity receiving your SUD information must also comply with Part 2 regulations and may not redisclose it unless permitted by law or with your written permission. You have the right to revoke your consent and request an accounting of certain disclosures.

- **Public health activities:** Public health activities cover many functions performed or authorized by government agencies to promote and protect the public's health and may require us to disclose your PHI.
 - For example, we may disclose your PHI as part of our obligation to report to public health authorities' certain diseases and conditions. We are allowed by law to disclose necessary PHI without individual authorization to persons at risk of contracting or spreading a disease if other law, such as state law, authorizes the covered entity to notify such persons to prevent or control the spread of the disease or carry out public health interventions or investigations.
 - We may use and disclose your PHI as necessary to comply with federal and state laws that govern workplace safety.
- **EOP:** This institution is an equal opportunity provider.
- **Health oversight:** As health care providers, we are subject to oversight conducted by Federal and State agencies. These agencies may conduct audits of our operations and activities and in that process, they may review your PHI.
- **Disclosures to your employer or your employee organization:** Southeastern Idaho Public Health may share certain PHI with your employer without your authorization, but only when allowed by law. For example, we may disclose your PHI for a workers' compensation claim. For other purposes, such as for inquiries by your employer or employee organization on your behalf, we will obtain your authorization, when necessary, under applicable law.
- **Workers' compensation:** We may use and disclose your PHI in order to comply with workers' compensation laws. For example, we may communicate your medical information regarding a work-related injury or illness to claims administrators, insurance carriers, and others responsible for evaluating your claim for workers' compensation benefits.
- **Military activity and national security:** We may sometimes use or disclose the PHI of armed forces personnel to the applicable military authorities when they believe it is necessary to properly carry out military missions. We may also disclose your PHI to authorized federal officials as necessary for national security and intelligence activities or for protection of the President and other government officials and dignitaries.
- **Required by law:** In some circumstances federal or state law requires that we disclose your PHI to others. For example, the Secretary of the Department of Health and Human Services may review our compliance efforts, which may include seeing your PHI.
- **Lawsuits and other legal disputes:** We may use and disclose PHI in responding to a court or administrative order, a subpoena, or a discovery request. We may also use and disclose PHI to the extent permitted by law without your authorization, for example, to defend a lawsuit or arbitration.

- **Law enforcement:** We may disclose PHI to authorized officials for law enforcement purposes, for example, to respond to a search warrant, report a crime on our premises, or help identify or locate someone.
- **Serious threat to health or safety:** We may use and disclose your PHI if we believe it is necessary to avoid a serious threat to your health or safety or to someone else's.
- **Abuse or neglect:** By law, we may disclose PHI to the appropriate authority to report suspected child abuse or neglect or to identify suspected victims of abuse, neglect, or domestic violence.
- **Coroners and funeral directors:** We may disclose PHI to a coroner or medical examiner to permit identification of a body, determine cause of death, or for other official duties. We may also disclose PHI to funeral directors.
- **Inmates:** Under the federal law that requires us to give you this notice, inmates do not have the same rights to control their PHI as other individuals. If you are an inmate of a correctional institution or in the custody of a law enforcement official, we may disclose your PHI to the correctional institution or the law enforcement official for certain purposes, for example, to protect your health or safety or someone else's.
- **Health Education:** The HIPAA Privacy Rule allows physicians and staff to disclose protected health information without a patient's authorization for health care operations which includes "training programs in which students, trainees, or practitioners in areas of health care learn under supervision to practice or improve their skills as health care providers."
- **Explanation of Benefits (EOB):** We may provide service and support to you by explaining information that you request (such as Explanation of Benefits or billing and payment information).

All Other Uses and Disclosures of Your PHI Require Your Prior Written Authorization

Except for those uses and disclosures described above, we will not use or disclose your PHI without your written authorization. Some instances in which we may request your authorization for use or disclosure of PHI are:

- **Psychotherapy Notes:** On rare occasions, we may ask for your authorization to use and disclose "psychotherapy notes". Federal privacy law defines "psychotherapy notes" very specifically to mean notes made by a mental health professional recording conversations during private or group counseling sessions that are maintained separately from the rest of your medical record. Generally, we do not maintain psychotherapy notes, as defined by federal privacy law.

When your authorization is required and you authorize us to use or disclose your PHI for some purpose, you may revoke that authorization by notifying us in writing at any time. Please note that the revocation will not apply to any authorized use or disclosure of your PHI that took place before we received your revocation. Also, if you gave your authorization to secure a policy of insurance, including health care coverage from us, you may not be permitted to revoke it until the insurer can no longer contest the policy issued to you or a claim under the policy.

How to Contact Us about This Notice or to Complain About Our Privacy Practices

If you have any questions about this notice, want to request a copy of the notice, or want to lodge a complaint about our privacy practices, please let us know by sending a written summary of your concern(s) to us at:

Southeastern Idaho Public Health
Privacy Officer
1901 Alvin Ricken Dr.
Pocatello, ID 83201

You also may notify the Secretary of the Department of Health and Human Services (HHS) to lodge a complaint about our privacy practices.

We will not take retaliatory action against you if you file a complaint about our privacy practices.

Changes to This Notice

We may change this notice and our privacy practices at any time, as long as the change is consistent with State and Federal law. Any revised notice will apply both to the PHI we already have about you at the time of the change, and any PHI created or received after the change takes effect. If we make an important change to our privacy practices, we will promptly change this notice and make the new notice available on our member Web site at

http://siphidaho.org/privacy_policy.php Except for changes required by law, we will not implement an important change to our privacy practices before we revise this notice.

Effective Date of This Notice

This notice is effective on July, 2025.