



# COMMUNITY SUICIDE PREVENTION COLLECTIVE STRATEGIC PLAN, 2023-2024



June 2023

Strategic Goal A: Develop and Expand Collective					
Objective 1: Recruit and maintain 16-member advisory board (CSP Collective).					
Strategy	Start Date, End Date	Target Measure	Status		Responsible Party
			Fiscal YR	Evidence of Completion or Progress	
Identify and recruit stakeholders from each county to participate on CSP Collective Board.	Ongoing	One Collective Board Member from each of the 8 counties in PHD6.	2024	Submit list of CSP Collective members to DHW.	Suicide Prevention Coordinator Collective Members
Identify and recruit stakeholders who serve populations known to be at risk for suicide. (Veterans, LGBTQ, youth, senior citizens, Native Americans, construction trades, etc.)	Ongoing	Eight stakeholder members.	2024	Submit list of CSP Collective members to DHW.	Suicide Prevention Coordinator Collective Members
Objective 2: Convene CSP Collective Meetings					
Strategy	Start Date, End Date	Target Measure	Status		Responsible Party
			Fiscal YR	Evidence of Completion or Progress	
Strengthen and maintain membership, monitor progress and address barriers to the achievement of stated objectives, identify new strategies to achieve unmet goals.	Ongoing	Meet at least quarterly (4 meetings per year). Additional meetings will be scheduled if needed to advance goals.	2024	Submit meeting agendas, attendance roster, and meeting minutes to DHW.	Suicide Prevention Coordinator Collective Members
Objective 3: Provide PHD6 Partnership Report to the Department					
Strategy	Start Date, End Date	Target Measure	Status		Responsible Party
			Fiscal YR	Evidence of Completion or Progress	
Provide a report on partnerships developed and efforts implemented by each partner.	By 6/30/2024	Report to include list of partners' name and email address, associated meeting documents when available, and suicide strategies implemented.	2024	Report submitted to DHW on 6/30/2024.	Suicide Prevention Coordinator Collective Members

**Strategic Goal B: Develop and Implement PHD6 Strategic Plan Informed by Regional Gaps and Needs**

**Objective 1: Conduct Regional Gaps and Needs Assessment and Present to Collective**

Strategy	Start Date, End Date	Target Measure	Status		Responsible Party
			Fiscal YR	Evidence of Completion or Progress	
Update the local gaps/needs analysis that identifies gaps of information, resources, policies, trainings and services related to suicide in PHD6 (update every other year)	1/1/2024, 6/30/2024	Completed report.	2024	Submit report to DHW by 6/30/2023.	Suicide Prevention Coordinator
Disseminate completed updated gaps and needs analysis to collective members. Review report at Collective meeting.	4/30/2024, 6/30/2024	Report disseminated, reviewed, and discussed with Collective.	2024	Collective agenda and minutes submitted to DHW.	Suicide Prevention Coordinator <a href="#">Collective Members</a>

**Objective 2: Update PHD6 Strategic Plan**

Strategy	Start Date, End Date	Target Measure	Status		Responsible Party
			Fiscal YR	Evidence of Completion or Progress	
Update PHD6 Strategic Plan based on results of gap analysis and aligned with Idaho's 2020-2023 Suicide Prevention Plan.	1/1/2024, 6/30/2024	Completed report. Note: Plan must be approved by the Idaho Suicide Prevention Advisory Committee (ISPAC) prior to districtwide distribution and/or implementation.	2024	Submit Plan to DHW by 6/30/2023 for review and approval.	Suicide Prevention Coordinator <a href="#">Collective Members</a> ISPAC

**Strategic Goal C: Conduct Targeted Outreach and Education**

**Objective 1: Increase regional training capabilities.**

Strategy	Start Date, End Date	Target Measure	Status		Responsible Party
			Fiscal YR	Evidence of Completion or Progress	
Suicide Prevention Program Coordinator completes one train-the-trainer education program.	All new suicide prevention staff	Complete new training certification.	Whenever necessary	Copy of training certificate	Suicide Prevention Coordinator
Seek funding opportunities and volunteer trainers to provide QPR gatekeeper trainings.	Ongoing	Two QPR certified trainers are available to train in PHD6.	Ongoing	Reports and numbers from QPR trainings provided	Suicide Prevention Coordinator <a href="#">CSP</a> <a href="#">Collective Members</a>

Seek funding opportunities and one volunteer trainer to provide Spanish-language QPR gatekeeper trainings.	Completed	One Spanish-language QPR trainer is available to train in PHD6.	2021	Reports and numbers from QPR trainings provided	Suicide Prevention Coordinator CSP Collective Members
<b>Objective 2: Provide prevention and awareness training to target groups identified in gap analysis.</b>					
Strategy	Start Date, End Date	Target Measure	Status		Responsible Party
			Fiscal YR	Evidence of Completion or Progress	
Provide QPR and/or Mental Health First Aid trainings in each county served by PHD6.	Ongoing	One training (or more) per county per fiscal year. Target: eight.	Ongoing	Report number of trainings per county and total number trained.	Suicide Prevention Coordinator CSP Collective Members
Promote and implement QPR trainings among organizations that serve populations at risk for suicide.	Ongoing	QPR training for organizations that serve at-risk populations. Target: four	Ongoing	Report number of organizations in PHD6 that completed QPR staff trainings.	Suicide Prevention Coordinator CSP Collective Members
Assess quality and efficacy of trainings delivered by disseminating and analyzing post-training evaluations for each training offered.	Ongoing	Evaluate for increased participant knowledge, increased confidence to intervene, improved suicide communication skills, increased awareness of available assistive resources.	Ongoing	Report training outcomes for all formal (certified) and informal trainings.	Suicide Prevention Coordinator Trainers
Support Community Suicide Prevention Annual Conference	9/2023	Assist with planning, promotion, implementation, and evaluation of Community Suicide Prevention Annual Conference to be held each September - alternating locations between Region 6 and Region 7.	2024	Provide conference flyer, agenda, participant numbers, and evaluation results.	Suicide Prevention Coordinator CSP Collective Members
<b>Objective 3: Participate in Community Awareness and Outreach Activities</b>					
Strategy	Start Date, End Date	Target Measure	Status		Responsible Party
			Fiscal YR	Evidence of Completion or Progress	
Seek opportunities to provide information and awareness about suicide prevention at local outreach events across PHD6.	Ongoing	Provide education, information, or presentations at health fairs, community events, resource fairs, and other outreach opportunities.	Ongoing	Report number of outreach events attended.	Suicide Prevention Coordinator CSP Collective Members

Strategic Goal D: Reduce Access to Lethal Means					
Objective 1: Provide education and resources to firearm owners/recreationalists in PHD6.					
Strategy	Start Date, End Date	Target Measure	Status		Responsible Party
			Fiscal YR	Evidence of Completion or Progress	
Incorporate firearm safety information into <u>all</u> education and outreach efforts.	Ongoing	Incorporate information about gun and medication safety into all trainings and outreach activities.	Ongoing	Check all curriculum, submit prepared handout.	Suicide Prevention Coordinator, <a href="#">Collective Members</a>
Follow up with firearm retailers and gun ranges that previously received firearm safety material.	7/1/2023, 6/30/2024	See if firearm retailers and gun ranges are using the material and if they need more.	2024	Report narrative	Suicide Prevention Coordinator, firearm advocate community member
Find suicide prevention trainings specifically for firearm retailers. Promote these trainings to interested firearm retailers.	7/1/2023, 6/30/2024	Promote training to all interested firearm retailers and get at least one to participate in a training.	2024	Report narrative	Suicide Prevention Coordinator
Seek opportunities to provide education and resources at gun shows, gun safety courses, hunter education, and other events where gun enthusiasts gather.	Ongoing	Suicide Prevention Program Coordinator or CSP Representative participate in two firearm events.	Ongoing	Report narrative.	Suicide Prevention Coordinator, <a href="#">Collective Members</a>
Find ways to promote and distribute free cable gun locks. Make sure PHD6 is always stocked with cable locks.	Ongoing	Social media ads, word of mouth, and promote at all trainings, presentations, and outreach events.	Ongoing	Track using data tracking tool	Suicide Prevention Coordinator
Objective 2: Provide education and resources for the safe storage and discard of medications.					
Strategy	Start Date, End Date	Target Measure	Status		Responsible Party
			Fiscal YR	Evidence of Completion or Progress	
Incorporate medication safety information into <u>all</u> education and outreach efforts.	Ongoing	Incorporate safe storage and disposal information into all trainings and outreach activities.	Ongoing	Check all curriculum, submit prepared handout.	Suicide Prevention Coordinator, <a href="#">PHD6 Drug Overdose Prevention Program Coordinator</a>
Promote and distribute the Drug Take Back Locations Card for PHD6 and the DOPP OUD asset map at all education and outreach events.	Ongoing	PHD6-specific card available through the Idaho Office on Drug Policy and Dept. of Health and Welfare.	Ongoing	Report number of cards distributed in PHD6 in 2020.	<a href="#">PHD6 Drug Overdose Prevention Program Coordinator</a>
Promote and support national drug take back days and seek opportunities to participate in related outreach events.	Every October and April	Report participation in drug take back days via report narrative.	Ongoing	Report narrative.	Suicide Prevention Coordinator

Strategic Goal E: Support Survivors of Suicide Loss					
Objective 1: Distribute Suicide Loss Survivor Information to Region 6 Funeral Homes					
Strategy	Start Date, End Date	Target Measure	Status		Responsible Party
			Fiscal YR	Evidence of Completion or Progress	
Follow up with funeral homes to see how they are using the funeral home directors guide and loss survivor packets	7/1/2023-6/30/2024	Contact each funeral home that received materials	2024	Narrative report	Suicide Prevention Coordinator
Objective 2: Act as a Resource for Survivors of Suicide Loss Support Activities					
Strategy	Start Date, End Date	Target Measure	Status		Responsible Party
			Fiscal YR	Evidence of Completion or Progress	
Facilitate and support survivors of suicide loss support group in Bannock County. Seek opportunities for support groups in other counties.	Ongoing	Provide resources to continue the support group in Bannock county.	Ongoing	Narrative report	Suicide Prevention Coordinator <a href="#">Collective Members</a>
Seek opportunities to support International Survivor Day events in PHD6. (International Survivor Day is held the Saturday before American Thanksgiving each year.)	10/1/2023 11/20/2023	Identify organizations that hold Survivor Day events and seek opportunities to promote, engage with, and support existing events and establish new events.	2024	Narrative report.	Suicide Prevention Coordinator <a href="#">CSP</a> <a href="#">Collective Members</a>

Strategic Goal F: Develop and Implement Districtwide Postvention Plan					
Objective 1: Promote improved coroner reporting using the Idaho Violent Death Reporting System (IDVDRS)					
Strategy	Start Date, End Date	Target Measure	Status		Responsible Party
			Fiscal YR	Evidence of Completion or Progress	
Coordinator establish relationship with each coroner in PHD6 to identify barriers and challenges in reporting.	Ongoing	Coordinator meet with 8 county coroners in PHD6	Ongoing	Narrative of interaction	Suicide Prevention Coordinator
Objective 2: Train PHD6 Media on Safe and Effective Reporting on Suicide					
Strategy	Start Date, End Date	Target Measure	Status		Responsible Party
			Fiscal YR	Evidence of Completion or Progress	

Create list of PHD6 media contacts (newspaper, television, radio, online publishing)	7/1/2023-6/30/2024	Media contact list created.	2024	Provide list to DHW	Suicide Prevention Coordinator
Locate media training resource options (face-to-face trainings, best practice guidelines/toolkits, Idaho-specific resources, etc.) and disseminate to media contacts.	7/1/2023-6/30/2024	80% of identified media contacts in PHD6 will receive information/training for safe and effective reporting on suicide.	2024	Narrative report	Suicide Prevention Coordinator <a href="#">Collective Members</a>

**Strategic Goal G: Support Suicide Prevention, Intervention, and Postvention in Organizations in PHD6**

**Objective 1: Coordinate with the Idaho Lives Project to Promote Suicide Prevention and Mental Health Services in Schools**

Strategy	Start Date, End Date	Target Measure	Status		Responsible Party
			Fiscal YR	Evidence of Completion or Progress	
Follow up with schools who received a Suicide Prevention Information and Resource Packet in FY23	7/1/2023-6/30/2024	Exhaust all efforts to reach out to each school	2024	Narrative report	Suicide Prevention Coordinator
Continue to work with Idaho Lives Representative to promote ILP in schools and provide suicide prevention/MH services in schools.	Ongoing	Meet with ILP representative at least once every FY.	Ongoing	Narrative report	Suicide Prevention Coordinator <a href="#">Idaho Lives Representative</a>

**Objective 2: Work with the Faith-Based Organizations to provide Suicide Prevention, Intervention, and Postvention Services**

Strategy	Start Date, End Date	Target Measure	Status		Responsible Party
			Fiscal YR	Evidence of Completion or Progress	
Get in contact with the Portneuf Valley Interfaith Fellowship: <a href="https://portneufinterfaith.org/">https://portneufinterfaith.org/</a>	7/1/2023-6/30/2024	Get on their meeting agenda to discuss how we can implement suicide prevention/ awareness in the faith-based community.	2024	Narrative report	Suicide Prevention Coordinator <a href="#">Collective Members</a>
Provide presentations or trainings to the faith-based community	7/1/2023-6/30/2024	Provide at least 5 trainings (MHFA, ASIST, or QPR) or a presentation in FY24	2024	Narrative report	Suicide Prevention Coordinator <a href="#">Collective Members</a>

**Strategic Goal H: Develop PHD6 Data Collection Plan**

**Objective 1: Identify Data Collection Plan Elements**

Strategy	Start Date, End Date	Target Measure	Status		Responsible Party
			Fiscal YR	Evidence of Completion or Progress	
Review and update possible sources for PHD6 suicide-related data.	Ongoing	List of available suicide-related data sources	Ongoing	Submit list to DHW as part of data collection plan.	Suicide Prevention Coordinator CSP Collective Members

**Objective 2: Determine Timing and Frequency of Data Collection and Review**

Strategy	Start Date, End Date	Target Measure	Status		Responsible Party
			Fiscal YR	Evidence of Completion or Progress	
Review and update data collection plan	7/1/2023-6/30/2024	Data collection timing and reporting periods reviewed and updated if needed.	2024	Data Collection Plan sent to DHW	Suicide Prevention Coordinator CSP Collective Members